



JANUARY

WESTERN LUNCH

MONDAY

Carrot & Zucchini Salad
Pasta with Carbonara Sauce
Yoghurt

4

TUESDAY

Cucumber Salad
Roasted Chicken
Rice & Tomato Sauce
Apple Cake

5

WEDNESDAY

Tomato Salad
Sautéed Pork
Mashed Potatoes
Pear & Cinnamon Cake

6

THURSDAY

Papaya Salad
Green Curry
Chicken
Rice & Veggie
Khaonom Mokeng

7



FRIDAY

Pizza
Braised Duck
Mixed Veggies
Apple Sauce

8

Mixed Salad
Braised Pork
Potato Gratin
Yoghurt

11

Salsa Salad
Chicken Fajitas
Banana Cake

12

Devil Eggs
Roasted Pork
Zucchini Gratin
Chocolate Cake

13

Bell Pepper Salad
Fish Brandade
Pasteis de Nata

14



Zucchini Salad
Chicken Stew
Pasta
Fruit Custard

15

Green Bean Salad
Hot Dog
Potato Wedge
Yoghurt

18

Pizza
Roasted Chicken
Baked Cauliflower
Apple Cinnamon

19

Tomato Salad
Hamburger
Potato Wedge
Banana Cake

20

Fattouche Salad
Falafel
Chicken Kebab
Lentils
Mamounié

21



Zucchini & Carrot Salad
Spaghetti
Bolognese
Pear Cake

22

Leek Salad
Lasagna
Yoghurt

25

Devil Eggs
Ham and Cheese Sandwich
Green Beans
Chocolate Cake

26

Corn Salad
Chicken Curry
Rice
Custard Pie

27

Flammkuchen
Kartoffelpuffer
Currywurst
Stollen

28



Mixed Salad
Shepherd Pie
Apple Cake

29

Khaonom Mokeng is a Coconut Custard Laotian dessert
Fattouche Salad is a traditional Lebanese Mezze mixed Salad
Falafel is a Vegetarian Lebanese dish (chick pea)
Mamounié is a dessert based on Couscous
Flammkuchen is a pizza with creamy sauce

Kartoffelpuffer is a shredded potato German dish
Currywurst is pork sausage in a tomato & curry Sauce
Stollen is a German Gingerbread

Fruits are served everyday according to seasonal